

**Saint Louis Christian College**  
**PERSONALITY THEORY PC 0322**  
**Professor Gary M. Reed, MS, LPC**  
**Three Credit Hours**

**Spring 2012**

**Course Prerequisites:** General Psychology

**Meeting Days:** Wednesdays and Fridays

8:55am Room 132

## MISSION STATEMENT

*Saint Louis Christian College equips men and women as leaders who impact the world for Christ.*

## COURSE DESCRIPTION

Students are introduced to the origin of human personality, including the psychological structure, development and ongoing dynamics. The course's approach from spiritual, classical and modern perspectives will challenge students to understand human thought, emotion and behavior. Topics covered include basic theoretical perspectives, assessment techniques, research methodologies and current topics in personality research.

## COURSE RATIONALE

Personality Theory enables the student to understand the history and development of personality research. Students will understand psychological principles behind human thinking, motivation and behaviors. Specific study in areas of personality research, psychological tests and psychologists who developed each theory will enable students to assimilate their own personality perspective. Personality Theory will prepare the student for further education in Psychology and Counseling related fields. Students preparing for ministry and work in the public sectors will be able to comprehend and discuss personality concepts as they work along side other professionals.

## COURSE OBJECTIVES

Upon conclusion of this course, the learner will be able to:

1. Describe personality theorists, their research and reasoning behind their theory, concepts and philosophy of personality.
2. Understand the key concepts in personality theories, specifically how each theory describes interpersonal and intrapersonal relationships.
3. Discover psychological principles behind individual thoughts, feelings and behaviors within others and them self.
4. Explain both psychological and spiritual principles in relationships that enhance and deter communication, group interactions and personal relationships.
5. Analyze individual's strengths and weaknesses (including their own) through personality assessment, theoretical descriptions and research.

6. Develop understanding of both psychological terms and spiritual meaning of personality research in order to analyze and communicate intelligently in various settings.
7. Discern psychological (science), spiritual (philosophical) and artistic (therapeutic) truths, in relation to God's Word and purposes, in order to minister effectively with both public and religious settings.

## COURSE REQUIREMENTS

1. Read the following book:  
Personality Theories 8<sup>th</sup> ed, by Barbara Engler. Wadsworth Pub., 2009 as listed on class schedule for assigned chapters.  
Students are to read each chapter of Engler's book, as assigned on schedule. While reading textbook, highlight terms in text and write notes in text.  
Students will develop Personality Theory Notebook of reading notes, class notes, chapter terms/question handouts and various handouts from Prof Reed. On the last day of the semester, students will enjoy a Personality Theory Notebook Review Party.
2. Attend and participate in class discussions, classroom activities and small groups as listed on the class schedule. Students will be expected to take notes in class and keep notes in Personality Theory notebook for monthly review (see schedule).
3. Students will write/type out a biographical sketch of assigned personality theorists (see schedule). Be sure to identify theorist's full name, dates alive, childhood, how parented and other important environmental influences. Students should a brief outline of major concepts of theorists and your opinion of his/her theory. Additional information can add to theorist descriptions/sketches from class lectures and discussions. See schedule for sketch due dates and each sketch is due at the beginning of class.
4. Students will complete three exams in class throughout the semester (see class schedule). Expect multiple choice and listing questions from reading assignments. If students need special accommodations for test taking, this must be set up with Prof Reed, one week ahead of each scheduled exam.
5. Students will complete 10 case studies on SLCC Behavioral Ministry web-site: [slccbm.org](http://slccbm.org), according to class schedule. Students can find case studies (# 1-11) under classes tab (at [slccbm.org](http://slccbm.org)), then highlight Personality Theory and click on "Case Studies". Click on case study desired, follow directions of each study. If student is unable to access or complete assigned case study on web-site, student is to write out case study directions, content of assignment and answer on a piece of paper to be turned into Prof Reed at the beginning of class of the due date.

## COURSE ASSESSMENT

1. Read assigned text, while highlighting terms in text is expected. Students will be graded for completing chapter terms and questions for each chapter, compiled each week (see schedule) into Personality Theory notebook. Students will be given one point for each chapter, 15 total points and one point for each notebook review totaling 5 points (20% of total class grade).
2. Attend and participate in classroom discussions, activities and small groups for 21 points (21% of total class grade). Each student can earn up to 1 point for each class by attending, answering questions, participating in group activities and completing class assignments.

- Students can receive ½ of 1 point for each class missed when students can demonstrate he/she read assigned text and completed all assignments due the day missed.
3. Students will receive one point per chapter for completing biographical sketches of assigned personality theorists. Be sure to identify theorist's full name, dates alive, major concepts of theorists and your opinion of his/her theory. Students will receive one point for each chapter or a total of 15 points when students put hard copy of sketches in their Personality Theory notebooks (15% of grade).
  4. Three exams to be taken in class (see schedule) by students, worth 8 points each and 24% of total class grade. If students need special accommodations for test taking, this must be set up with Prof Reed, one week ahead of each scheduled exam.
  5. Students will complete 10 case studies on SLCC Behavioral Ministry web-site: [slccbm.org](http://slccbm.org), according to class schedule. Completion of each assigned case study (# 2-11) according to the direction will result in students receiving two points, total of twenty possible points (20% of grade). If students complete ten all assigned case studies, one extra bonus point will be given to students' cumulative grade.
  6. All assignments will be tallied equaling a total of 100 points. Refer to the SLCC course catalog for course grading (A, B, C, D or Fail) of total score.

## COURSE SCHEDULE

**January 11<sup>th</sup>, 2011 , 8:55am - No Class** (Prof Reed in Nicaragua)

Homework due on 1/13/12:

- 1) Read pp. 1-12, 23 and 28-46 in

Personality Theories by Barbara Engler, 8<sup>th</sup> edition.

- 2) Complete Case Study #1 on [slccbm.org](http://slccbm.org) - find directions to locate case studies in course requirements (syllabus).

**January 13<sup>th</sup>** - Personality and Psychoanalysis

What is a Biographical Sketch of a Personality Theorist?

Topics: Sigmund Freud pp. 29-55

Homework due on 1/18/12:

- 1) Read pp. 55-64
- 2) Biographical Sketch - Who is Sigmund Freud?

**January 18<sup>th</sup>** - Psychoanalysis

Topics: Psychoanalytical Framework and Identity

Biographical Sketch - Who is Sigmund Freud?

Homework due on 1/20/12:

- 1) Read pp. 69-88
- 2) Case Study Two on [slccbm.org](http://slccbm.org)
- 3) Biographical Sketch - Who is Carl Jung?

**January 20<sup>th</sup>** - Analytical Psychology

Biographical Sketch due - Who is Carl Jung?

Homework due on 1/25/12:

- 1) Read pp. 92- 107
- 2) Biographical Sketch - Who is Alfred Adler?
- 3) Notebook Review - 3 ring binder, all completed handouts.

**January 25<sup>th</sup>** - Interpsychic Theories

Biographical Sketch - Who is Alfred Adler?

Turn in Notebooks

Homework due on 1/27/12:

- 1) Read pp. 107-118
- 2) Case Study Three on [slccbm.org](http://slccbm.org)

**January 27<sup>th</sup>** - Interpsychic Therories

Homework due on 2/8/12:

- 1) Read pp. 121-134
- 2) Biographical Sketch - Who is Karen Horney?

**February 8<sup>th</sup>** - Social Psychology

Biographical Sketch - Who is Karen Horney?

Homework due on 2/10/12:

- 1) Read pp. 134-145
- 2) Case Study Four on [slccbm.org](http://slccbm.org)

**February 10<sup>th</sup>** - Social Psychology

Homework due on 2/15/12:

- 1) Read pp. 147 - 172
- 2) Biographical Sketch - Who is Anna Frued?

**February 15<sup>th</sup>** - Ego Analytical Psychology

Biographical Sketch - Who is Anna Frued?

Homework due on 2/17/12:

- 1) Read pp. 174 - 185
- 2) Case Study Five on [slccbm.org](http://slccbm.org)
- 3) Biographical Sketch - Who is Erik Erikson?

**February 17<sup>th</sup>** - Human Relations

Homework due on 2/22/12:

- 1) Read pp. 186 - 202
- 2) Case Study Six on [slccbm.org](http://slccbm.org)

**February 22<sup>nd</sup>** - Human Relations

Homework due on 2/24/12:

- 1) Read pp. 205 - 218

- 2) Biographical Sketch - Who is John Dollard?
- 3) Notebook Review 2 - 3 ring binder, all completed handouts.

**February 24<sup>th</sup>** - Behavior and Learning

Biographical Sketch - Who is John Dollard? -  
Turn in Notebooks

Homework due on 2/29/12:

- 1) Read pp. 218 -231
- 2) Biographical Sketch - Who is BF Skinner?

**February 29<sup>th</sup>** - Behavior and Learning

Biographical Sketch - Who is BF Skinner?  
Take Pre-Test 2 (Chapters 5-8) for Exam One

Homework due on 3/2/12 - Study for Exam One

**March 2<sup>nd</sup>** - **Exam One** over Chapters 1-8

Homework due on 3/7/12:

- 1) Read pp. 233 - 247
- 2) Case Study Seven on [slccbm.org](http://slccbm.org)

**March 7<sup>th</sup>** - Social Learning Theories

Biographical Sketch - Who is Albert Banduara? -

Homework due on 3/9/12:

- 1) Read pp. 248- 258
- 2) Notebook Review 3 - 3 ring binder, all completed handouts.

**March 9<sup>th</sup>** - Social Learning Theories

Turn in Notebook.

Homework due on 3/14/12:

- 1) Read pp. 261 - 283
- 2) Biographical Sketch - Who is Gordon Allport?

**March 14<sup>th</sup>** - Traits and Personology

Biographical Sketch - Who is Gordon Allport?

Homework due on 3/16/12:

- 1) Read pp. 285 - 311
- 2) Case Study Eight on [slccbm.org](http://slccbm.org)

**March 16<sup>th</sup>** - Traits and Personology

Pre-Test for Exam Two (chapters 9-12)

Homework due on 3/28/12:

- 1) Read pp. 313 - 344
- 2) Biographical Sketch - Who is Hans Eysenck?
- 3) Study for Exam Two

**March 21<sup>st</sup> and 23<sup>rd</sup>** - Lab Week**March 28<sup>th</sup>** -Biological Traits

Biographical Sketch - Who is Hans Eysenck?

Homework due on 3/30/12: - Study for Exam Two

**March 30<sup>th</sup>** - **Exam Two** (chapters 9-12) and begin Humanism

Homework due on 4/4/12:

- 1) Read pp. 358 - 378
- 2) Case Study Nine on [slccbm.org](http://slccbm.org)
- 3) Biographical Sketch - Who is Carl Rogers?

**April 4<sup>th</sup>** - Humanism

Biographical Sketch - Who is Carl Rogers?

Homework due on 4/6/12:

- 1) Read pp. 380 - 402
- 2) Case Study Ten on [slccbm.org](http://slccbm.org)

**April 6<sup>th</sup>** - Existential Psychoanalysis

Homework due on 4/11/12:

- 1) Read pp. 406 - 423
- 2) Biographical Sketch - Who is Rollo May?
- 3) Notebook Review 4- 3 ring binder, all completed handouts.

**April 11<sup>th</sup>** - Personal Constructs

Biographical Sketch - Who is Rollo May?

Turn in Notebook.

Homework due on 4/13/12:

- 1) Read pp. 426 - 435
- 2) Biographical Sketch - Who is Albert Ellis?

**April 13<sup>th</sup>** - Cognitive-Behavioral Theories

Biographical Sketch - Who is Albert Ellis?

Homework due on 4/18/12:

- 1) Read pp. 435- 443
- 2) Biographical Sketch - Who is Aaron Beck?

**April 18<sup>th</sup>** - Cognitive-Behavioral Theories

Biographical Sketch - Who is Aaron Beck?

Homework due on 4/25/12:

- 1) Read pp. 443 - 453

- 2) Case Study Eleven on [slccbm.org](http://slccbm.org)

April 20<sup>th</sup> - Good Friday

April 25<sup>th</sup> - Cognitive-Behavioral Theories

Homework due on 4/27/12:

- 1) Study for Exam Three (chapters 13-16)

April 27<sup>th</sup> - **Exam Three** (chapters 13-16)

Homework due on 5/2/12: Notebook Review 5

May 2<sup>nd</sup> - Personality Theory Notebook Review Party

Turn in Notebook for final review.

## COURSE POLICIES

1. Homework assignments turned in late or incomplete will be graded one complete grade lower for every week (one to seven days) late. Missed exams and/or quizzes will be recorded as a zero unless arrangements are made with professor to take the quiz in the library.
2. If you have a diagnosed learning disability, please see the professor privately to discuss assessment measures that would enhance your ability to learn.
3. Please understand that the Professor Reed reserves the right to modify this course plan by changing topics, due dates, or even an assignment as long as it does not add to the students' work load.

## COURSE INSTRUCTOR CONTACT INFORMATION

1. When needed, Professor Reed can meet with students after class by appointment.
2. Students can contact Professor Reed at: [greed@slconline.edu](mailto:greed@slconline.edu) or by phone at 314-629-7110.